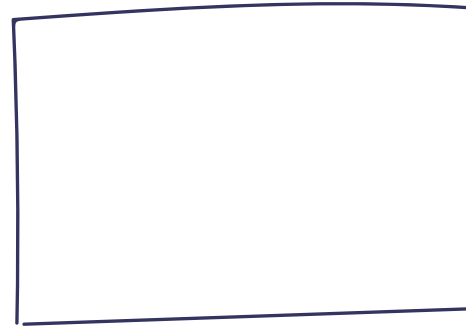


Painting to music

You will need:



Some **music**, a sheet of **paper** and some **art media**.

Watercolour or poster paints work well but if you do not have these to hand, pencils or pastels are just as effective.

Begin by listening to the music with your eyes open or closed and then when you feel comfortable **simply make marks** on the paper in response to the **rhythm or beat** of the music.

The marks you make do not need to look like anything in particular - the focus is on the **expressive qualities** of the materials.

Sweeping brush strokes, zigzags, dots and patterns will tell the story of the music - a visual representation of the mood, rhythm or story it conveys.

